

# LEAVE NO TRACE

The seven principles to leave no trace in nature



## PLAN AHEAD AND PREPARE

- Helps to ensure safety of groups and individuals
- Prepares you to leave no trace and damage to resources
- safely enjoying trip goals
- Increases self-confidences and learning more about nature

## CAMP ON DURABLE SURFACES

- When picking a campsite try not to disturb vegetation or wildlife habitats.
- Cooking, tents and packs should be located on rock, sand, or gravel

## DISPOSE OF WASTE PROPERLY

- Always pack up and carry away any garbage
- bury human waste if systems are not in place. Important to check this before hand



## LEAVE WHAT YOU FIND

- By leaving rocks, plants and archaeological artifacts, avoid damage to the site and allow others to explore too

## MINIMIZE CAMPFIRE IMPACTS

- Know if there is fire danger in the area you are camping
- use existing fire pit
- If you need to make a rock ring, clear the one you made when done

## RESPECT WILDLIFE

- Observe animals from a distance
- quick movements and loud noises are stressful for animals
- do not pursue, feed or force them to leave
- An exception to this is bears

## BE CONSIDERATE OF OTHER VISITORS

- Make sure to share space and paths with others. Be mindful of sound and their space